



# N.E.W. Community Clinic Newsletter

## Caring & Sharing

622 Bodart St Green Bay WI 54301 Phone (920) 437-9773 Fax (920) 437-0984 [www.newcommunityclinic.org](http://www.newcommunityclinic.org)

Dear Friend,

Nationally 48 million people were uninsured in 2012 or 15.4% of the population. In 2010 more than 22,000 Brown County residents were uninsured or 1 in 10 under the age of 65. Studies have shown that uninsured patients are less likely to have regular out patient care and are more likely to be hospitalized for avoidable health problems. Many of our patients are one paycheck away from being homeless.

For the past 42 years the N.E.W. Community Clinic has been providing quality care to the hard-working, low-income and uninsured people of Brown County. The clinic opened in July of 1971 under the name of the Green Bay Area Free Clinic as a social work project of a University of Wisconsin—Green Bay student. We now have 3 clinics: our main site is centrally located at 622 Bodart St.; our second site, The N.E.W. Medical Clinic at NWTC, opened in July of 2006 is on the west side of Green Bay; our third site, Outreach Health Care, is located at 879 Mather St. across the street from The Salvation Army. In the fall of 2011 we opened another collaborative program providing dental care for Medicaid patients that were utilizing local emergency rooms for dental care and pregnant women who participate in the WIC program and need dental care. In 2013 we doubled the capacity at our dental clinic at NWTC.

### Interesting Facts:

- About 74% of these patients stated that coming to the clinic prevented them from going to the emergency room and 93% of the patients stated that we were able to meet their immediate health care needs.
- There were 5,596 patient visits in 2012 at the Bodart St. clinic.
- Our Health Care for the Homeless program treated 954 new patients in 2012 and over 6,000 total patient encounters.
- The average cost per visit is \$43.88 which includes the doctor visit, lab test(s), sample medications and an interpreter if needed.
- The average earned income per uninsured family that we served was \$7,145 per year.
- Total encounters for all programs exceeded 36,000 patients in 2012.

With additional funding we would have the ability to assist more patients. As a valued member of the community we are reaching out for your support. Your donation will help to provide diabetic supplies, medications for adults and children (about \$5.00 can provide a one month supply of a prescription), dental care, and health care for the homeless program or one of our other programs.

Please help us continue to provide quality, compassionate and caring health care to those that need it most in our community.

Your donation is tax deductible.

Thank you,  
Bonnie Kuhr  
CEO / Executive Director

Volunteer Doctors	Volunteer Dentists
Dr. Joseph Binard	Dr. Skip Lee
Dr. John Brusky	Dr. Edward Lin
Dr. Gail Carels	Dr. Patrick Maraka
Dr. Malena Dzwonkowski	Dr. Charles Mueller
Dr. Peter Dzwonkowski	Dr. Debra Munes
Dr. Richard Erdman	Dr. John Quinlan
Dr. Alan Finesilver	Dr. Jeffrey Ryther
Dr. Loren Fuglestad	Dr. Raymond Schneider III
Dr. Todd Gallion	Dr. Robert Snyder
Dr. Jeremy Green	Dr. David Thompson
Dr. Joan Handeland	Dr. Mark VandeWalle
Dr. James Hinckley	Dr. Marcus Vanderleest
Dr. Jason Hoppe	Dr. Brian Wackwitz
Dr. Siva Kami Kangayappan	Dr. Michael Wallace
Jean Keim NP	Dr. Marty Williams
Dr. David Keim	Dr. Chad Yanchesky
Dr. Frederick LaMont	

**Our Mission:**  
To provide access to quality, comprehensive and compassionate health care to the underserved in our community.

### Board of Directors

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CEO/Executive Director  
Bonnie Kuhr



We are a Brown County United Way Agency

### Maintaining A Healthy Smile

Good oral hygiene and health is more than just a nice smile. Good oral health impacts a person's general and overall health throughout their lifetime. Cavities, gum disease and other oral infections cause individuals to experience severe oral and facial pain. Regular visits to a dentist can provide preventative care to assist in avoiding these painful occurrences.

Paying for dental care and obtaining necessary and needed care is a major obstacle for low income, uninsured adults. Many times the only option these individuals have is to go to local emergency rooms to seek relief from the pain. Patrick Burkhardt understands very well what it is like to experience dental pain and not be able to afford to go to the dentist. Patrick is homeless and currently stays at St. John the Evangelist Homeless Shelter. During the summer months he stays with friends and in return for shelter he does jobs around the house and yard. He works multiple part time jobs but he is unable to afford health or dental insurance. Recently Patrick had a large chip on his front tooth that needed to be repaired as well as issues with other teeth. Because he could not afford to pay up front for dental care he had not been able to go to a dentist to have the tooth repaired.

As a patient at N.E.W. Community Clinic - Health Care for the Homeless Clinic, Patrick addressed his dental problems with Karen Sanchez, Family Nurse Practitioner. Karen along with the assistance of Erica Dobberfuhl, CAPSW were able to set up a referral to N.E.W. Dental Clinic at NWTC. Patrick was able to get an appointment to have his front tooth repaired and have x-rays and an oral exam completed by a dentist. Patrick understands the importance of preventative dental care but with life's challenges this has not always been an option for him. Patrick's condition warranted the need for multiple tooth extractions.



He is grateful that these issues will soon be resolved and his pain will be gone. Patrick said that he has received exceptional care from everyone at N.E.W. Dental Clinic at NWTC and is especially appreciative of the repair Dr. Gretchen Evenson did to his front tooth. According to Patrick all this would not have been possible without Erica's help. Patrick said Erica has gone out of her way to help him. Assisting him with scheduling appointments and



making sure he has transportation to the clinic at NWTC and back to the shelter by providing him with bus passes. Even with the hardships that homelessness brings, Patrick has a reason to smile.

In 2013 N.E.W. Dental Clinic was able to expand to a 6 chair operatory through the generous donation of funds from St. Mary's Hospital and St. Vincent Hospital and space donated by NWTC to provide care for Medicaid and uninsured / homeless patients. Dr. Gretchen Evenson has been with N.E.W. Dental Clinic at NWTC full-time since it started services in November 2011. In her 30 years as a dentist she has worked in several community health care programs and has also taught at Marquette School of Dentistry. Dr. Mark Domrois joined the clinic in May 2013 with the implementation of the clinic's expansion. He has been practicing for 25+ years in both the Green Bay and Milwaukee area. Both Dr. Evenson and Dr. Domrois are committed to providing quality, compassionate and comprehensive dental care to all patients, and educating them in total oral health.

## Breastfeeding-Good for Babies and Much More

Breastfeeding rates continue to increase in Wisconsin. The CDC estimates that the breastfeeding initiation rate in Wisconsin is 75.5%. Breastfeeding initiation rates for all WIC moms in Wisconsin is 71.6% and in Brown County it is 76.7%.

The WIC Program has been at the forefront for all these increases in breastfeeding initiation rates since WIC has always promoted breastfeeding as the best way to feed your baby. In addition to promoting breastfeeding, qualified WIC professionals work with breastfeeding moms to help them continue to achieve their breastfeeding goals. Breastfeeding women receive information to help their infant attach better to the breast, to help moms increase their milk supply, to educate them on breast pump use and to answer many other questions.

One technique WIC and hospital breastfeeding professionals encourage for breastfeeding women is Skin-to-Skin. Skin-to-Skin means baby is undressed or only in a diaper and held on the bare chest of mom, dad or another caregiver. All infants benefit from skin to skin contact since infants that receive skin to skin are warmer, have better heart rates and blood sugar levels and have better brain development. In addition breastfeeding moms and infants have added benefits since infants that are held skin to skin self-attach to mom's breast better and are calmer plus mom's milk supply increases sooner and she feels less stressed.



There are many benefits of breastfeeding including psychosocial (increased bonding between mom and infant), economic (cost savings from not purchasing formula) and environmental (less energy used and less landfill waste since there are no formula containers to transport or throw out). A study was published in Pediatrics in April, 2010 by authors Melissa Bartick, MD, MSc and Arnold Reinhold, MBA. Their findings revealed that if 90% of United States families could comply with medical recommendations to breastfeed exclusively for six months, the United States would save \$13 billion dollars per year and prevent an excess of 911 deaths, nearly all of which would be infants.

The WIC Program will continue to promote and support breastfeeding for all infants for these reasons and for the overall health and wellbeing of every infant.

### Volunteers Make A Difference

The N.E.W. Community Clinic typically sees about 467 patients per month. This averages to about 24 patients per day many of whom speak a different language and bring different challenges to the table. The abilities and dedication of our volunteers allow us to efficiently and effectively treat our patients. Without them we would not be able to see the number of patients we do on a daily basis.

Our volunteer staff consists of 33 doctors, 2 Nurse Practitioners, 32 dentists, 9 nurses, and 1 receptionist/ clerical personnel.

The entire staff at N.E.W. Community Clinic would like to say thank you to every volunteer that has given of their time and abilities in effort to advance our mission of providing access to quality, comprehensive and compassionate health care to the underserved in our community.

**From all of us at the N.E.W. Community Clinic may you have a joyous holiday season. Thank you for your generous support throughout the year.**



**Please see enclosed donation envelope and consider making a tax deductible contribution to the N.E.W. Community Clinic**

## Peanut Butter Cup Cheesecake

### Ingredients

¾ Cup Graham Cracker Crumbs  
2 Tablespoons Sugar  
2 Tablespoons Butter; melted  
¾ Cup Creamy Peanut Butter

### Filling:

2 – 8oz Packages Fat Free Cream Cheese  
1 – 8oz Package 1/3 Less Fat Cream Cheese Spread

### Cheese Spread:

1 Cup reduced fat sour cream  
¾ Cup Sugar  
2 Eggs, lightly beaten  
1 ½ Teaspoon Vanilla Extract  
¾ Cup Hot Fudge Ice Cream Topping; divided  
6 Peanut Butter Cups; cut into small wedges



### Directions:

- In a small bowl, combine cracker crumbs, sugar & butter. Press onto the bottom of a 9-in. spring form pan coated with cooking spray. Place pan on baking sheet. Bake at 350 degrees for 10 minutes. Cool on a wire rack.
- In a microwave safe bowl, heat peanut butter on high for 30 seconds or until softened. Spread over crust to within 1 in. of edges
- In a large bowl, beat cream cheese, sour cream & sugar until smooth. Add eggs; beat on low speed just until combined. Stir in vanilla. Pour 1 cup into a bowl; set aside. Pour remaining filling over peanut butter layer.
- In a microwave safe bowl, heat ¼ cup fudge topping on high for 30 seconds or until thin; fold into reserved cream cheese mixture. Carefully pour over filling; cut through with a knife to swirl.
- Return pan to baking sheet. Bake for 50-60 minutes or until center is almost set. Cool on a wire rack for 10 minutes. Carefully run a knife around edge of pan to loosen; cool 1 hour longer.
- Microwave remaining fudge topping on high for 30 seconds or until warmed; spread over cheesecake. Garnish with peanut butter cups. Refrigerate overnight. Yield: 16 servings.

**Nutritional Information:** 1 Slice; 316 calories, 16g fat (6g saturated fat), 47mg cholesterol, 361mg sodium, 32g carbohydrate, 1g fiber, 12g protein.

## Working Together to Develop Future Health Care Providers

The N.E.W. Clinic at NWTC is a teaching medical clinic, serving uninsured and Medicaid patients while enhancing the education of tomorrow's health care providers.

Serving patients with chronic respiratory illnesses is very important to meeting patient needs outside of the hospital Emergency Room. During the school year Respiratory Care/Asthma Clinics are offered by the NWTC Respiratory Therapist Program students and coordinated by their Program Director, Kathy Schlitz.

Students rotate through the NEW Clinic at NWTC as part of their clinical coursework in their second year of the Respiratory Therapist program. The purpose of the program is to train future respiratory therapists to evaluate, diagnose, treat and



rehabilitate individuals with respiratory diseases. The community clinic experience allows students to expand their clinical experience to a less acute setting. The Respiratory Therapist program is aligned with the commitment to the Wisconsin Asthma Coalition goals and objectives for managing asthma.

The students utilize their knowledge of global guidelines related to diagnostic screening, education and management related to COPD and smoking cessation. Working with the nurse practitioner and clinic team is a very valuable learning environment for the student.

Some of the student comments:

“Felt like I made a difference for some people”

“Liked that I got to explain symptoms and how to better handle asthma situations to the patient”

“Everyone was very welcoming and it was nice to be one on one with the patient”

The average cost of a visit to the Emergency Room in Brown County is \$1,104.43 based on information gathered from Wisconsin Price Point System. The average was based on 7 different diagnosis categories. The average cost to treat a patient at the N.E.W. Community Clinic is \$43.88. Based on a 2012 patient survey at The N.E.W. Community Clinic 74% of the patients responded that being seen at the clinic prevented them from having to go to the Emergency Room. The downtown clinic had 5,596 patient encounters in 2012. Based on the average cost of an emergency room visit we were able to save the community \$5,934,837.80 at our downtown clinic alone.